#### **Indoor Pool Rules**

The lifeguard is on duty to prevent accidents and provide for your safety. Please respect their judgment in enforcing rules and regulations. Anyone violating these rules will be asked to leave the pool area.

No Running, Diving or Jumping from the deck.

No food or beverages

No shoes allowed on deck

No cutoff shorts and tee shirts in the water

No floatation devices allowed. U.S.C.G. PFD may be allowed if proper conditions exist.

Children age 10 and under must be accompanied by an adult 18 or older in the water at all times. One adult for every four underage children.

No horseplay including throwing objects or sitting on shoulders.

No hanging or sitting on the lane line.

No children playing or left unattended on or around the steps.

No hanging on or playing with the fill spout located under the diving board.

Swimmers who have any serious or potentially serious medical conditions, please notify the lifeguard.

Groups of 10 or more must preschedule a pool party with management in advance.

## Recreation Complex



1001 E. Cork St.
Winchester, VA 22601
(540) 667-2699
www.winchesterva.gov

# indoor Pool

Lap Swim

MWF6:30 AM -9:00 AM MWF5:30 PM -6:30 PM

\*Must be 18 years old.

**General Public Swim** 

M-F 12:00 PM -2:00 PM

T Th 5:30 PM -7:00 PM

Therapeutic Swim

T Th 11:00 AM - 12:00 PM

Senior Swim

2:00 PM - 3:00 PM T Th

\* Must be age 55 or older

Residents

Non Resident

	Reside	ents nor	Resident
Child under	6 \$2.00	\$2.	.50
Student	\$2.50	\$3.	.00
Adult	\$3.00	\$3.	.50
Senior	\$2.00	\$2.	.50
Resident	10 Punch	20 Punch	Monthly
Child	\$18	\$36	
Student	\$22	\$44	\$30
Adult	\$27	\$54	\$36
Senior	\$18	\$36	\$24
Non	10 Punch	20 Punch	Monthly
Resident			
Child	\$22	\$44	
Student	\$27	\$51	\$36
Adult	\$31	\$62	\$42
Senior	\$22	\$44	\$30

Fitness Room M-F 6:30 AM - 9:00 PM

11:00 AM- 6:00 PM

12:00 PM- 6:00 PM

#### **RULES**

Must be 14 or older

Patrons must wear appropriate workout attire. No jeans, belt buckles, buttons or zippers. No hard soled shoes, sandals or flip flops

No dropping or slamming weights.

No food or drink

No spectators allowed in fitness room

No bags permitted in fitness

Drop In	Reside	nts Non	Resident	
Student	\$2.00	\$2.	\$2.50	
Adult	\$2.50	\$3.	\$3.00	
Senior	\$2.00	\$2.	\$2.50	
Resident	10 Punch	20 Punch	Monthly	
Student	\$18.00	\$36.00	\$24	
Adult	\$22.50	\$45.00	\$36	
Senior	\$18.00	\$36.00	\$24	
Non Resident	10 Punch	20 Punch	Monthly	
Student	\$22.50	\$45	\$30	
Adult	\$27	\$54	\$42	
Senior	\$22.50	\$45	\$30	

### RACQUETBALL/WALLYBALL COURT

M-F 7:00 AM - 8:00 PM

Sa 11:00 AM - 5:00 PM

12:00 PM-5:00 PM Su

Prime Time 4-8 PM

All Ages Resident \$8.00

Non Resident \$9.00

#### RACQUETBALL FEES (BASED ON AN HOUR)

Drop In	Residents	Non Resident
Student	\$7.00	\$7.50
Adult	\$7.50	\$8.00
Senior	\$6.50	\$7.00
10 Punch	Resident	Non Resident
Student	\$63.00	\$67.50
Adult	\$67.50	\$72.00
Senior	\$58.50	\$63.00

Court Reservations may be made up to 3 days in advance by calling 667-2699 or in person.

#### WALLYBALL COURT FEES

Hourly Fees (per person)

Resident \$1.00

Non Resident \$2.00



For Birthday Parties, Group Events, or Just for Fun

Saturdays 7:00 PM - 9:00 PM

Price \$180.00 Residents

> Non Residents \$200.00